

# Unbroken Parenting Discipleship

Featuring Dr. Scott Turansky, D.Min.

**Monday, September 28 | 8 p.m. EST/5 p.m. PST**

**Monday, October 12 | 8 p.m. EST/5 p.m. PST**

**Monday, October 26 | 8 p.m. EST/5 p.m. PST**

Between the current pandemic, social unrest, isolation and a new way of living, feelings of heightened anxiety have greatly increased for many children and families.

**If you are a parent**, you'll want to reserve a spot for this seminar right away. Keep in mind that current challenges children face provides opportunities for them to work on life skills that they will use for the rest of their lives. You are the teacher and first catechist, and a heart-based approach is so much more powerful than a reward/punishment system.

There's no excuse for bad attitudes, badgering, arguing or meanness in a family. Helping children get their schoolwork and religious education sessions done isn't just about the tasks at hand. It's also about the dynamic that takes place in your home to get them done and to develop leadership skills.

When children reveal unbridled emotions, parents need to know what to do. The goal is more than calming them down. Parents can do a lot to help children manage their emotions both now and in the future. These sessions will help you learn how to help your child develop strong emotions, which will benefit them in the future when embark on their discipleship journey.

And then there are the questions about electronics. The problem of managing electronics isn't new, but it certainly has increased over the past few months. Parents are wondering if their children are addicted to electronics and how they should manage the overuse they see.

**These are the topics Dr. Turansky will address. Because the sessions are live, he will take your questions to answer at the end of each session. Although each session builds upon the previous one, you can attend just one if you'd like. Each session will require separate registration.**

**If you are a church leader**, we want to invite you to use this Online Parenting Seminar to enhance your Parent Discipleship Ministry. This is a great way to provide training for the parents under your care. We have advertising graphics we can share with you, or you can just pass on our emails to your congregation.

The Church is where discipleship takes place. Parents want help. You can offer them biblical, practical solutions to everyday challenges they face.

## **TOPICS AND DATES**

### **Getting It All Done**

Monday, September 28 at 8 p.m. EST/5 p.m. PST

Most of what we do in family life falls into the “Getting Things Done” department. Getting up, getting ready for the day, dealing with meals, laundry and chores, completing schoolwork and homework, and getting along with others are just a few of the items in this category. In these areas, children learn responsibility, cooperation and how to see what needs to be done and do it without being asked. They learn characteristics such as diligence, obligation, perseverance, thoroughness, responsiveness to authority and the ability to give up their agenda even if they don’t feel like it. The way parents’ guide their children in this area either escalates conflict or reduces tension. Learn to get it all done and do it with life-skills in mind in this first session.

### **Managing Emotions**

Monday, October 12 at 8 p.m. EST/5 p.m. PST

Every child and young person must learn to manage the three categories of emotions: anger, sadness and anxiety. Unfortunately, some children use those emotions to control situations they don’t like. Parents can use several heart-based tools to help children manage these emotions with an eye on skill development that will help these children both now and in the future. Emotions can create quite a stir in one’s heart and wreak havoc in a family. Learn practical ways to help children deal with their emotions in this powerful session.

### **Navigating Electronics**

Monday, October 26 at 8 p.m. EST/5 p.m. PST

How much screen time is too much screen time? How can you tell when your child is crossing the line toward addiction? How can you as a parent manage the electronics and the demand or anger a child exhibits when you try to do so? Of course, not all children are the same, further complicating the answers to these questions. These and many other questions about electronics will be addressed in this very important session.

All sessions will include a question and answer session and are free to attend. Attendees must register to receive the login information. To register, please visit: [thrivingkidsconnection.com/online-event-parenting-tips-for-challenging-times](http://thrivingkidsconnection.com/online-event-parenting-tips-for-challenging-times)